

“The Truth about Biblical Health”

1. Does the Bible have a prescription of healthy Christian living?

3 John 2 _____.

John 10:10 _____.

2. What does Christian living have to do with eating and drinking? 1 Corinthians 10:31

_____.

3. Did God establish a health plan at Creation for humanity?

Genesis 1:29 _____.

Isaiah 55:2 _____.

4. Is God restricting us from choosing what we want to eat and drink? Psalms 84:11

_____.

5. After sin entered the world what did God add to our diet? Genesis 3:18

_____.

6. At the time of the Flood how did God classify animals? Genesis 7:2

_____.

7. How specific was God about describing the clean and unclean animals?

Deuteronomy 14:6 **Animals:** _____.

Deuteronomy 14:9-10 **Fish:** _____.

Leviticus 11:13-19 **Birds:** _____ (NIV)

Leviticus 11:20, 23 **Insects:** _____ (NIV)

8. What other categories of God's creation does He tell us we can eat?

Leviticus 11:21-22 Eatable: _____.

9. What does God say about animals that are low to the ground? Leviticus 11:29

_____.

10. What does God say about the popular kinds of meat? Leviticus 11:7

_____.

11. Why does God have prohibitions about the things we eat?

1 Corinthians 6:19-20 _____.

1 Corinthians 3:16-17 _____.

12. How Does God knit the Old and New Testaments principles together? Romans 12:1-2

_____.

13. What does the Bible tell us about the use of cigarettes?

2 Corinthians 6:17 _____.

Exodus 20:13 (kjb) _____.

14. How does the Bible instruct us to respond to strong drinks?

Proverbs 23:31-33 _____.

Proverbs 20:1 _____.

15. What can we find in the Bible about over eating? Proverbs 23:2

_____.

16. Does the New Testament support eating anything we want? Acts 10:9-15, 28

_____.

17. What supports the fact that Gods' dietary instructions have not changed? Isaiah 66:15-17

_____.

18. What is one of the health law instructions given in the Bible? Leviticus 3:17

_____.

19 & 20: On the Screen - the Affects of Trichinosis.

21. Besides the things that we eat what other instruction are we given? Proverbs 17:22

22. How important is it for us to trust God's Health Principles? Proverbs 23:2
